

VFW Auxiliary  
Department of Connecticut  
Hospital  
Bulletin #9  
February 2024

Put a SPARK and some SUNSHINE into your winter months and days of the veterans and families of your Post and community.

“One kind word can warm three winter months.” – Japanese Proverb

Laughter is the sun that drives winter from the human face. - *Victor Hugo*

Kindness is like snow – it beautifies everything it covers. - *Kahlil Gibran*

February/March Unconventional Holidays to celebrate and win an award.

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|--------|------------|--|
| Feb 16 | Friday –   | Do a Grouch a Favor Day! (Cheer someone up this winter!)   |
| Feb 17 | Saturday - | Random Act of Kindness Day (Bring in the help of your Youth)                                       |
| Feb 18 | Sunday -   | Battery Day (Is there someone in need of a Charge or New Battery? Ask. It's cold.)                 |
| Feb 19 | Monday -   | Chocolate Mint Day! (Spread the love of Chocolate and Mint this cool winter)                       |
| Feb 23 | Friday -   | International Dog Biscuit Appreciation Day! (Let's help our Furry 4 Pawed Pals!)                   |
| Feb 24 | Saturday - | Tortilla Chip Day (Have a Party! Chips and Salsa! Warm up your Veteran and Auxiliary Members)      |
| Feb 26 | Monday -   | Pistachio Day – (Get a little NUTTY this winter.) 😊  |
| Mar 1  | Friday -   | World Compliment Day! (Get stickers to hand out! Everyone needs a Compliment now and then)         |
| Mar 2  | Saturday - | Old Stuff Day! (Time to get rid of that Old stuff, Donate it if it is in good condition) Tag Sale! |
| Mar 3  | Sunday -   | I Want You to Be Happy Day! (Set up a phone Tree day! Or Happy Day theme Family Celebration)       |
| Mar 4  | Monday -   | March Forth and Do Something Day (Use your Imagination! What is YOUR “Something”?)                 |
| Mar 10 | Sunday -   | Mario Day! (Are you a Mario Bros. Fan? Do you know a Mario?) Have fun                              |

Remember to fill out the form from MALTA for your event.

Visit your local Convalescent homes in your areas with a Buddy Poppy favor or small goodies. Ask for the number of veterans they have in residence there.

Be sure to include little goodies for the staff as well.

Add a Smile. 😊 That little bit of sunshine goes a long way.

**BANDING TOGETHER FOR OUR VETERANS**

**REMEMBER YOUR WHY**

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