

VFW Auxiliary, Department of Connecticut
"Grateful Hearts Serving Our Veterans"
"From Sea to Shining Sea Honoring Veterans Who Keep Us Free"

Connecticut Auxiliary serving Veterans for over 100 years!

2025-2026

Veterans & Family Support

Bulletin #4

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While September is recognized as **Suicide Prevention and Awareness** month, it should be promoted daily. Many combat veterans are still at war...with a mind and heart struggling to process what they have seen and had to do. We must remember that the battle isn't over when they unlace their boots. In fact, when those boots come off for good is when the fight truly begins for a large percentage of veterans. The Auxiliary can never stop ensuring that people are aware of the warning signs of **ANYONE** possibly considering ending their life. **ALWAYS promote that help is available by dialing 988 (then press 1) or texting 838255 to receive confidential support 24 hours a day, 7 days a week, 365 days a year.**

For more information, visit the VFW website at: vfw.org/assistance

Thank you for supporting our Veterans!



Please scan QR code for more information on Veterans & Family Support