



VFW AUXILIARY DEPARTMENT OF CONNECTICUT  
HISTORIAN

July 2025

Judith Barnes, Chairwoman

**You ought to be in pictures!**

Your Auxiliary is active in the community.

Your members happily volunteer to participate in projects.

Why not show your friends and neighbors what your Auxiliary does and the positive impact your programs have on our veterans' lives?

**Create a social media reel highlighting your Auxiliary in ACTION!**

Reels are full-screen vertical videos up to 90 seconds long.

Reels can be a single video, several clips edited together, a collection of still photos or a combination of both pictures and video.

Reels allow you to add captions, stickers, backgrounds and sound.

Reels may be posted on both Instagram and Facebook.

Reels are free publicity and may assist you in recruiting members!

What are you waiting for? It does not hurt to try.

Your Auxiliary could be trending!

**You and your members can be stars!**

Finally, submit an entry for the Historian & Media Relations Auxiliary Award #1. Take a chance at your division's citation!

“Grateful Hearts Serving Our Veterans.”

“From Sea to Shining Sea Honoring Veterans Who Keep Us Free.”